



## **Assumption of Risk, Declaration and Waiver of Liability Relating to Coronavirus/Covid-19**

This waiver & declaration **must be completed** prior to or upon visiting the Tai Chi and Meditation Centre and **before participating in any activity**.

The novel coronavirus, **COVID-19** has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is known to spread mainly by contact from person to person. Consequently, local, provincial and federal governmental authorities recommend various measures and prohibit a variety of behaviours, in order to reduce the spread of the virus.

The Tai Chi and Meditation Centre and its members commit themselves to comply with the requirements and recommendations of Ontario National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, the **Tai Chi and Meditation Centre cannot guarantee that you will not become infected with COVID-19**. Further, attending the Activities could increase your risk of contracting COVID-19, despite all preventative measures put in place.

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### **By signing this document,**

**RISK:** I acknowledge the highly contagious nature of COVID-19 and I voluntarily assume the risk that I could be exposed or infected by COVID-19 by participating in the Tai Chi and Meditation Centre's activities. Being exposed or infected by COVID-19 may particularly lead to injuries, diseases or other illnesses.

**DECLARATION:** I declare that I am participating voluntarily in the Tai Chi and Meditation Centre's activities.

I declare that I, nor anyone in my household, have experienced cold or flu-like symptoms in the last 14 days (including fever, cough, sore throat, respiratory illness, difficulty breathing). **See checklist posted.**

If I experience, or if anyone in my household experiences any cold or flu-like symptoms after submitting this declaration, I will not attend any of the Tai Chi and Meditation Centre's activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

I, nor has any member of my household travelled to or had a lay-over in any country outside Canada, or in any Province outside of Ontario, in the past 14 days. If I travel, or if anyone in my household travels, outside the Province of Ontario after submitting this declaration, I will not attend any of the Tai Chi and Meditation Centre's activities, programs or services until at least 14 days have passed since the date of return.

I agree to the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and to those special safety regulations put in place by the Tai Chi and Meditation Centre as it pertains the Covid-19 Coronavirus and to adopt all necessary measures to those effects.

**WAIVER:** I agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue the The Taoist and Buddhist Meditation Centre O/A Tai Chi and Meditation Centre and its officers and directors, in the event that I contract the Covid-19 Coronavirus.

**This document will remain in effect** until the Tai Chi and Meditation Centre, as per the direction of the national, provincial and local government and health officials, determines that the acknowledgments in this declaration are no longer required.

This document is in addition to and does not replace all other Tai Chi and Meditation Centre waivers.

***The undersigned, hereby pledge to abide by all rules, regulations protocols & procedures set forth by the Tai Chi and Meditation Centre.***

**I HAVE SIGNED THIS DOCUMENT FREELY AND WITH FULL KNOWLEDGE.**

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Name of participant (print)

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Signature of participant

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Date