



Assumption of Risk, Declaration and Waiver of Liability Relating to Coronavirus/Covid-19

Updated January 2023

This waiver & declaration **must be completed** prior to or upon visiting the Tai Chi and Meditation Centre and **before participating in any activity.**

The novel coronavirus, **COVID-19** has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is known to spread mainly by contact from person to person. Consequently, local, provincial and federal governmental authorities recommend various measures and prohibit a variety of behaviours, in order to reduce the spread of the virus.

The Tai Chi and Meditation Centre and its members commit themselves to comply with the requirements and recommendations of Ontario National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, the **Tai Chi and Meditation Centre cannot guarantee that you will not become infected with COVID-19.** Further, attending the Activities could increase your risk of contracting COVID-19, along with other viruses despite all preventative measures put in place.

By signing this document,

RISK: I acknowledge the highly contagious nature of COVID-19 and I voluntarily assume the risk that I could be exposed or infected by COVID-19 by participating in the Tai Chi and Meditation Centre's activities. Being exposed or infected by COVID-19 may particularly lead to injuries, diseases or other illnesses.

DECLARATION: I declare that I am participating voluntarily in the Tai Chi and Meditation Centre's activities.

I declare that I will **pre-screen** for COVID-19 using Ontario's current screening checklist posted onsite and available online, and not enter the premises if experiencing symptoms. **See screening checklist posted on desk.**

If I have been asked to self isolate, or to quarantine for any reason or at any time after submitting this declaration, **I will not attend any of the Tai Chi and Meditation Centre's activities**, programs or services until I have fulfilled the quarantine and isolation clearance requirements.

I agree to follow the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and the special safety regulations put in place by the Tai Chi and Meditation Centre as it pertains the Covid-19 Coronavirus or any other communicable disease, and to adopt all necessary measures to those effects.

WAIVER: I agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue the The Taoist and Buddhist Meditation Centre O/A Tai Chi and Meditation Centre and its officers and directors, in the event that I contract the Covid-19 Coronavirus.

This document will remain in effect until the Tai Chi and Meditation Centre, as per the direction of the national, provincial and local government and health officials, determines that the acknowledgments in this declaration are no longer required.

This document is in addition to and does not replace all other Tai Chi and Meditation Centre waivers.

The undersigned, hereby pledge to abide by all rules, regulations protocols & procedures set forth above by the Tai Chi and Meditation Centre.

I HAVE SIGNED THIS DOCUMENT FREELY AND WITH FULL KNOWLEDGE.

Name of participant (print)

Signature of participant

Date

Contact information, phone or email